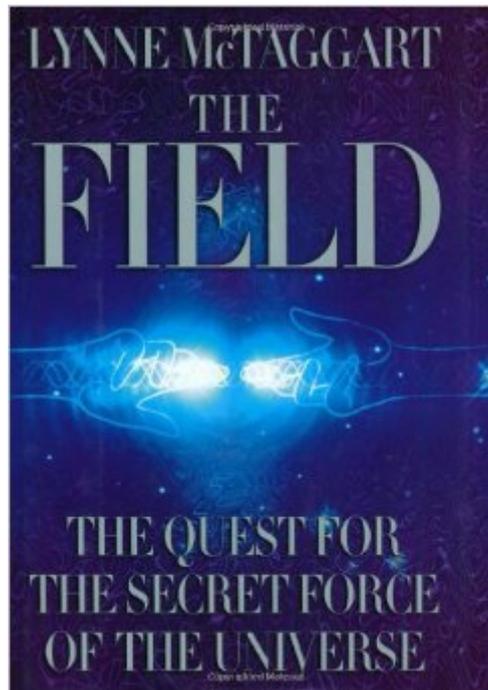


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# The Field: The Quest For The Secret Force Of The Universe



## Synopsis

Science has begun to prove what ancient myth and religion has always espoused: that there may be such a thing as a life force. During the past few decades, respected frontier scientists all over the globe have produced extraordinary evidence to show that an energy field -- the Zero Point Field -- connects everything in the universe, and we ourselves are part of this vast dynamic network of energy exchange. Lynne McTaggart, indefatigable investigative journalist, has spent four years researching this area where science meets the New Age to create this story of scientific explorers, their groundbreaking work, and its controversial implications. Until now, conservative scientists have done their best to rule "god" out of their equations. This book shows why the Zero Point Field makes all things possible: all things connected in space and time. "The Field also reveals a radical new biological paradigm -- that on our most fundamental level, the human mind and body are not distinct and separate from their environment, but a bundle of pulsating power constantly interacting with this vast energy sea. Here, in so-called dead space, may lay the key to many of life's processes, from how cells communicate to how organisms actually take shape. The Field is responsible for our mind's highest functions -- our memory, intuition, and creativity. It is the force that finally determines whether we are healthy or ill, the force that must be tapped in order to heal. Original and well documented with eminently distinguished sources, "The Field also lifts many areas from the level of myth into the realm of hard science. It offers a scientific explanation for many of the most profound human mysteries, from how alternative medicine, spiritual healing, and extrasensory perception work to the existence of the collective unconscious. A highly readable scientific detective story, "The Field is the ultimate breakthrough book. It presents a bold new theory that will change your perception of the way your mind and body work.

## Book Information

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## Customer Reviews

Lynne McTaggart boldly dives in where few dare to go... the murky, much debated realm between God and Science. In a thoroughly detailed and meticulously researched fashion, she lays open study upon study that point to the possibility of a universal energy source, the "Zero Point Field" as she cites it. This "force" operates on a quantum level of photon vibrations that precedes and supercedes the strict bio-chemical mentality of current science. This book challenges a lot of long held beliefs, including...\*Man is isolated from the world (People are indivisible from their environment)\*The brain is the seat of consciousness (Living consciousness is not an isolated entity)\*The human being is a survival machine powered by genetic coding (Cells and DNA communicate through frequencies)Perhaps one of the most profound and summarizing statements is McTaggart's assertion (based on volumous research) that..."A substructure underpins the universe that is essentially a recording medium of everything, providing a means for everything to communicate with everything else."If taken for what it is, the book amounts to the peaceful overthrow of many long held scientific beliefs and models, and establishes a framework that accomodates both science and spirituality. A good read.

After ignoring several proddings from others to get this book, I finally yielded after coming across it while researching the issues behind Codex Alimentarius. I've read quite a few books on new agey topics starting out with Peter Russel's The Awakening Earth in 1986, and prefer those that use a disciplined, logical, and non-sensical approach, such as Gregg Braden's The God Code, Dr. Bruce Lipton's The Biology of Belief, and Dr. David Hawkins' Power vs Force. THE FIELD is presented in a similar vein. Initially thinking "what could a journalist tell me that I already don't know?", well it appears quite a lot. THE FIELD is a compelling and exciting (yes - even for a science book) read at times as the retelling of various experiments and discoveries unfolds. The knowledge of these are worth the purchase price alone, and the added value comes from the connections McTAGGART makes. That type of astute integration can only be done by doing your research, and models the same positive attributes of the hidden field of consciousness, that is discussed in THE FIELD itself. And finally, remember that science is a method, NOT a position.Excellent value, a must buy.Daniel John Hancock

With an ear for human interest and eye for detail, Lynne McTaggart masterfully tells the true story in THE FIELD of how pioneers in science and consciousness research are working to achieve a more complete understanding of the true nature of reality -- an understanding which includes (rather than ignores) consciousness. THE FIELD describes how scientists have gradually become aware of what appears to be a unifying energy structure in our universe. This "Zero Point Field" provides us with a simpler explanation for how things work than previous overly-complex ideas require. Simplicity in science is a good thing, because it generally indicates which theories will win out as time goes by. The Zero Point Field theory demonstrates its elegant simplicity by allowing physicists to derive the famous equation  $F=ma$  (rather than take it as a starting assumption), and by helping medical practitioners understand the underlying scientific basis for homeopathy. Our scientific conceptualization of this universe has changed considerably over the last few centuries and now faces one of the biggest overhauls ever -- and THE FIELD demonstrates why the Zero Point Field is likely to be the last frontier for us to explore. THE FIELD is packed with detailed descriptions of some of the most exciting experiments recently conducted by leading researchers in the field of consciousness such as: Cleve Backster, Jacques Benveniste, William Braud, Bob Jahn, Edgar Mitchell, Fritz-Albert Popp, Hal Puthoff, Rupert Sheldrake, Russell Targ, Elisabeth Targ, and Charles Tart. I give this book my highest recommendation. (Cynthia Sue Larson has a degree in physics from UC Berkeley and is author of the book "AURA ADVANTAGE: How the Colors in Your Aura Can Help You Attain What You Desire & Attract Success")

I was excited to pick up my copy of "The Field." I've transformed my own life in many ways that I feel go beyond the realm of ordinary science. For this reason, I'm always excited to find new material that bridges (or attempts to bridge) the gap between the natural and the supernatural. While the Field certainly had a lot of material, the author's bias permeated every page. We are told in the beginning that none of this is based on opinion - it's all fact - but then we are subtly required not to question these "facts" as they are thrown at us as face value. Unfortunately, many of the studies that were presented were taken out of context and blown out of proportion. For example, there is an experiment where participants were asked to play a game involving several decks of cards. Unknown to the participants, all of the "bad" cards were located in a specific deck. If you read Malcolm's interpretation in the awesome book, Blink!, it describes how the participants begin to subconsciously realize which deck is the "bad" deck long before they consciously accept the fact and start avoiding the deck. In The Field, however, this suddenly becomes a premonition and we

are to believe the participants actually time travel to reach their revelation. So far, my favorite book in this area is "How Consciousness Commands Matter" ... but even that book falls apart in the end when the author tries to suddenly explain Life, the Universe, and Everything (or did another author tackle that one?) In my opinion, this is a good book to pick up second hand and maybe skim a little. As someone who has devoured titles like The Power of Intention, The Attractor Factor, and even made my own contribution to Life's Missing Manual, I could not even finish this book ... there was too much of the author's insistence and not enough of new material or revelation left for me to decide. Jeremy

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